



THE HERMITAGE SCHOOLS

Inspire, Learn, Achieve

Touch and the use of Restrictive Physical Intervention Policy

Persons Responsible:	Behaviour and Welfare Leaders
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Introduction

At The Hermitage Schools, we believe that pupils need to be safe, know how to behave and know that the adults around them are able to manage them safely and confidently. For a very small minority of pupils the use of restrictive physical intervention may be needed and, on such occasions, acceptable forms of intervention will be used.

The majority of pupils behave well and conform to the expectations of our schools. We have responsibility to operate an effective behaviour policy that encompasses preventative strategies for tackling inappropriate behaviour in relation to the whole school, each class, and individual pupils.

All the school staff need to feel able to manage inappropriate risk and behaviour, and to have an understanding of what and how challenging behaviours might be communicated. They need to know what the options open to them are, and they need to be free of undue worries about the risks of legal action against them if they use appropriate physical intervention. Parents need to know that their children are safe with us, and they need to be properly informed if their child is the subject of a restrictive physical intervention, including the nature of the intervention and the rationale for its use.

Definition of 'Restrictive Physical Intervention'

The law allows for teachers and other persons, authorised by the Executive Headteacher, to use restrictive physical intervention to prevent a pupil from doing or continuing to do any of the following:-

- committing a criminal offence
- injuring themselves or others
- causing damage to property
- engaging in any behaviour that is prejudicial to maintain the good order and discipline at the school

'Restrictive Physical Intervention' involves the use of force to control a person's behaviour, using bodily contact, mechanical devices or changes to the person's environment. This includes both physical restraint and removal to a seclusion or calm room. It refers to any instance in which a teacher or other adult authorised by the Headteacher has to, in specific circumstances, use 'reasonable force' to control or restrain pupils. There is no legal definition of 'reasonable force'. However, there are two relevant considerations:

- The use of force can be regarded as reasonable only if the circumstances of an incident warrant it
- The degree of force must be in proportion to the circumstances of the incident and the seriousness of the behaviour or consequences it is intended to prevent

The definition of physical force also includes the use of mechanical devices (e.g. splints on the pupil prescribed by medical colleagues to prevent self-injury), forcible seclusion or the use of locked doors. It is important for staff to note that, although no physical contact may be made in the latter situations, this is still regarded as a restrictive physical intervention.

When the use of restrictive physical interventions may be appropriate in school

Restrictive physical interventions will be used when all other strategies have failed and, therefore, only as a last resort. However, there are other situations when physical management may be necessary, for example in a situation of clear danger or extreme urgency. Certain pupils may become distressed, agitated, and out of control, and need calming with a brief restrictive physical intervention that is un-resisted after a few seconds.

The safety and well-being of all staff and pupils are important considerations. Under certain conditions, this duty must be an over-riding factor.

Who may use restrictive physical intervention in school?

All staff employed at the school are authorised by the Executive Headteacher to have control of pupils and **must** be aware of this policy and its implications.

We take the view that staff should not be expected to put themselves in danger and that removing pupils and themselves is the right thing to do. We value staff efforts to rectify what can be very difficult situations and in which they exercise their duty of care for the pupils.

At The Hermitage Schools, there are named staff members who have been fully trained to manage challenging behaviour safely using restrictive physical intervention.

Planning for the use of restrictive physical interventions in school

Staff will use the minimum force needed to restore safety and appropriate behaviour.

The principles relating to the intervention are as follows:-

- Restrictive physical intervention is an act of care and control, not punishment. It is never used to force compliance with staff instructions.
- Staff will only use it when there are good grounds for believing that immediate action is necessary and it is in the pupil's and/or other pupils' best interest.

- Staff will take steps in advance to avoid the need for restrictive physical intervention through dialogue and diversion, and at the level of understanding of the child or young person.
- Only the minimum force necessary will be used to prevent severe distress, injury or damage.
- Staff will be able to show that the intervention used was in keeping with the incident.
- Every effort will be made to secure the presence of other staff, and these staff may act as assistants and/or witnesses.
- As soon as it is safe to do so, the restrictive physical intervention will be relaxed to allow the pupil to regain self-control.
- A distinction will be maintained between the use of a one-off intervention which is appropriate to a particular circumstance, and the using of it repeatedly as a regular feature of school policy.
- Escalation will be avoided at all costs, especially if it would make the overall situation more destructive and unmanageable.
- The age, understanding and competence of the individual pupil will always be taken into account.
- In developing Individual Education Plans/Behaviour Support Plans, consideration will be given to approaches appropriate to each pupil's individual circumstances.
- Procedures are in place, through the pastoral system of the school, for supporting and debriefing pupils and staff after every incident of restrictive physical intervention, as it is essential to safeguard the emotional well-being of all involved at these times.

Acceptable forms of intervention in school

There are occasions when staff will have cause to have physical contact with pupils for a variety of reasons, for example:

- Communication (e.g. young pupils and those with SEND may need staff to provide physical prompts or help etc.)
- To comfort a pupil in distress (so long as this is appropriate to their age).
- To gently direct a pupil – Positive Touch.
- For curricular reasons (e.g. in PE, Drama, etc.).
- During intimate care procedures with identified children (please refer to Intimate Care Policy).
- First Aid.
- In an emergency to avert danger to the pupil or pupils.
- In rare circumstances, when restrictive physical intervention is warranted.

The school acknowledges its legal duty to make reasonable adjustments for disabled children and children with special educational needs. In all situations, where physical contact between staff and pupils takes place, staff must consider the following:

- The pupil's age and level of understanding.
- The pupil's individual characteristics and history.
- The location where the contact takes place (it should not take place in private without others present).

Physical contact is never made as a punishment, or to inflict pain. All forms of corporal punishment are prohibited. Physical contact will not be made with the participant's neck, breasts, abdomen, genital area, other sensitive body parts or to put pressure on joints. It will not become a habit between a member of staff and a particular pupil.

Developing a positive handling plan in school

If a pupil is identified, for whom it is felt that restrictive physical intervention is likely, a risk assessment will be completed. This assessment will help the pupil and staff to avoid difficult situations through understanding the factors that influence the behaviour and identifying the early warning signs that indicate foreseeable behaviours that may be developing.

The assessment will include:

- Involving parents/carers and pupils to ensure they are clear about what specific action the school may take, when and why.
- Ensuring staff and others act reasonably, consider the risks, and learn from what happens.
- Keeping records in school of risk reduction options that have been examined and discounted, as well as those used.
- Managing the pupil, strategies to de-escalate a conflict, and stating at which point a restrictive physical intervention is to be used.
- Identifying key staff who know exactly what is expected. It is best that these staff are well known to the pupil. The school will take medical advice, where appropriate, about the safest way to hold a child with specific medical needs.
- Ensuring a system to summon additional support.
- Identifying training needs.

Guidance and training for staff

Guidance and training is essential in this area. We need to adopt the best possible practice. In The Hermitage Schools, this is arranged at a number of levels including:

- Awareness for governors, staff and parents/carers.
- Behaviour management for all staff.
- Managing conflict in challenging situations - all staff (Positive Touch training)
- Specific training on restrictive physical intervention techniques – named staff (Crisis Prevention Institute [CPI] training).

Recording and Reporting

The school records any use of restrictive physical intervention on the school's online reporting and recording system – CPOMS. In the case of serious incidents, e.g. incidents involving the possession of weapons, the school may need to inform the police.

Complaints

It is intended that, by adopting this policy and keeping parents/carers and governors informed, we can avoid the need for complaints. All disputes that arise about the use of force by a member of staff will be dealt with according to Surrey's Child Protection and Safeguarding policies.

This policy should be read in conjunction with the following school policies:

- Swan Trust Safeguarding & Child Protection Policy
- Behaviour and Wellbeing Policy